



2026 Sunset House Memorial Hospice Regatta To Benefit the Sunset House

Rochester Yacht Club

August 14-15, 2026
Rochester, NY

SAILING INSTRUCTIONS (SIs)

1 RULES

- 1.1** The event is governed by the rules as defined in *The Racing Rules of Sailing* and the Class Rules of PHRF-LO.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1** In the event any change(s) to the Sailing Instructions are posted, the Race Committee shall endeavour to signal the change by displaying code flag L ashore. Any change to the sailing instructions will be posted before 8:30 AM on the day of the regatta. Failure to display code flag L shall not be grounds for redress.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1** The Official Notice Board will be located on the riverside deck near the Rochester Yacht Club's Burgee Bar.
- 3.2** All boats shall carry a VHF radio capable of communicating on channels 69 and 71.
- 3.3** On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 69 on the spinnaker course and channel 71 on the genoa-only course.
- Failure to make an announcement, failure of a competitor to receive an announcement, or the order of information in an announcement, shall not be grounds for redress.

- 3.4** While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This includes cell phones, and all mobile devices.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed on the flagpole north of the RYC Clubhouse.
- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5 SCHEDULE OF RACES

- 5.1** Up to three (3) races are scheduled for each of the Spinnaker and Genoa-only courses.
- 5.2** The scheduled time of the warning signal for the first race is 10:00 AM.
- 5.3** To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4** No warning signal will be made after 3:00 PM.

6 CLASS FLAGS

- 6.1** Class flags shall be numeral pennants 1-8 corresponding to assigned starting group numbers.
- 6.2** Divisional splits, assignment of class flags and starting order will be available at the skippers meeting 8:30 AM on August 15, 2026.

7 RACING AREA

- 7.1** The Spinnaker Course will be located approximately 1 nm North of the mouth of the Genesee River.
- 7.2** The Genoa Only Course will be located .75 nm ENE of the mouth of the Genesee River.

8 COURSES

- 8.1** The diagrams in SI Addendum 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2** No later than the warning signal, the course to be sailed for each race will be signalled by placards displayed on the signal boat.

9 MARKS

- 9.1** Marks will be orange, red, green, or yellow tetrahedrons or cylinders.

10 THE START

- 10.1** Races shall be started in accordance with RRS 26.
- 10.2** The starting line will be between the orange flag on the signal boat and the nearby starting mark.
- 10.3** Boats whose warning has not been made shall avoid the starting area during the sequence for other divisions.

11 OBSTRUCTIONS

- 11.1** On the Genoa-only course, the Finish Line is CLOSED except for boats that are finishing a race.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1** To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13 THE FINISH

- 13.1** Spinnaker Course boats will finish between the BLUE flag on Committee Boat and the nearby finish mark finish mark to its right (opposite from the pin end).

Genoa-only Course boats will finish between a BLUE flag on the Committee Boat and a nearby mark

- 13.2** If the RC intends to start another race, it will display the Second Substitute flag while boats are finishing

- 13.3** When Signal Flags “AP” over “A” is displayed at the finish it indicates “no more racing today”.

14 PENALTY SYSTEM

- 14.1** RSS Appendices V1 and V2 shall apply.

15 TIME LIMITS AND TARGET TIMES

- 15.1** The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
45 minutes	120 minutes	20 minutes

- 15.2** If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

- 15.3** The Finishing Window is the time for boats to finish after the first boat sails the course. Boats starting but failing to sail the course within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one (1) more than the finishing place of the last boat that sailed the course within the Finishing Window and was not penalised under RRS 30.3 or 30.4. This changes RRS 35, A5.1, A5.2 and A10.

16 HEARING REQUESTS

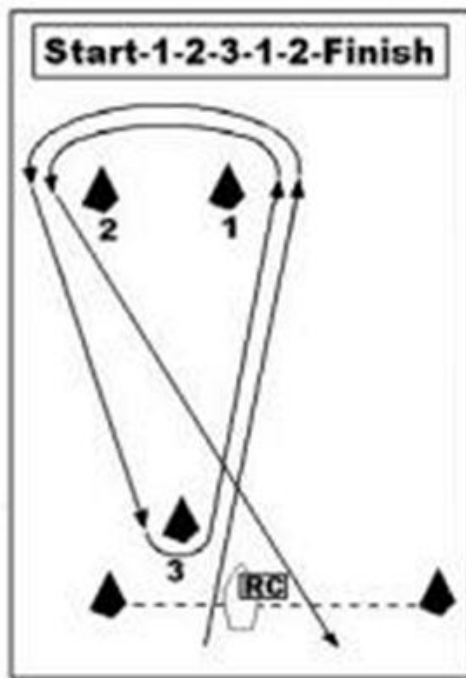
- 16.1** Protest time limit for all protests and requests for redress shall be 60 minutes after the committee boat docks.
- 16.2** Protesting boats shall notify the Race Committee of their intent to protest as soon as possible after finishing.
- 16.2** Protest forms will be available on the Notice Board.

18 SAFETY REGULATIONS

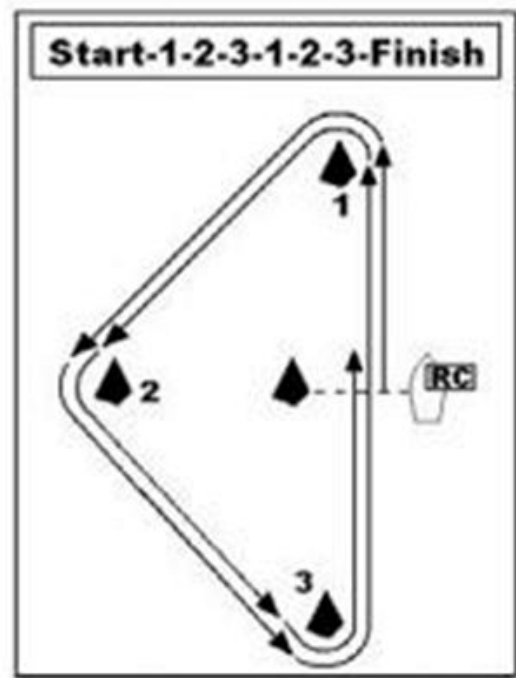
- 18.1** All boats intending to race shall check in with the Signal Boat prior to the first warning signal. Check in may be via hail or VHF radio.
- 18.2** A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Such notification may be made by hail, VHF radio, or in person.
- 18.3** Boats will conform to all laws and guidelines of US, State, and local municipalities.

SI ADDENDUM 1

COURSE DIAGRAMS



Spinnaker Course



Genoa Only Course