



The 2025 Rochester Hospice Regatta to Benefit The Sunset House

Sunset House Memorial Hospice Regatta Rochester, NY August 16, 2025

Sailing Instructions

1. Rules

1.1 The regatta shall be governed by The Racing Rules of Sailing and the Class rules of PHRF-LO

2. Notices to Competitors

2.1 The Official Notice board will be at the Genesee Yacht Club.

3. Changes to Sailing Instructions

3.1 Changes to the Sailing Instructions will be posted before 8:30 AM on the day of the regatta.

4. Signals Made Ashore

4.1 Signals made ashore will be displayed on the flagpole located at Genesee Yacht Club property.

4.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 45 Minutes' in the race signal AP.

5 SCHEDULE OF RACING

5.1 First Warning 1000

5.2 Last Warning no later than 1500

5.3 There are 3 races planned for each of the Spinnaker and Genoa Only courses.

6. Class Flags and Divisions

6.1 Class flags shall be numeral pennants 1-8 corresponding to assigned starting group numbers.

6.2 Divisional Splits assignment of class flags and starting order will be available at the skippers meeting 8:30 AM on August 16, 2025

7. Racing Areas and Courses

7.1 The Spinnaker Course will be located approximately 2.5 nm due North of the mouth of the Genesee River.

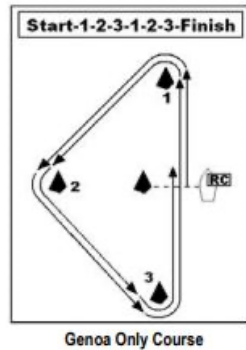
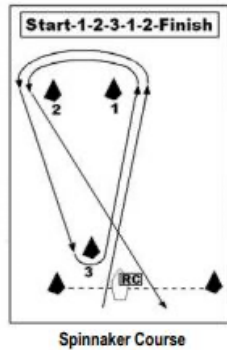
7.2 The Genoa Only Course will be located .75 nm ENE of the mouth of the Genesee River.

7.3 The Spinnaker Course will be windward-leeward with an offset mark, twice around. The leeward mark will be set windward of the starting line. All marks shall be left to port and boats will finish between the BLUE flag on Committee Boat and the nearby finish mark to its right (opposite from the pin end).

7.4 The Genoa Only Course will be a triangle twice around with the finish between the BLUE flag on the committee boat and the nearby finishing mark to the right of the committee boat (opposite from the pin end). The Finish Line is closed except for boats that are finishing a race.



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8. Marks

8.1 Marks will be orange inflatable tetrahedrons and cylinders.

9. The Start

9.1 Races will be started using RRS 26

9.2 Boats whose warning has not been made shall avoid the starting area during the sequence for other divisions.

10 The Finish

10.1 Finishes shall be between a BLUE flag on the committee boat and a nearby mark on the starboard side of the committee boat.

10.2 When Signal Flags "AP over "A" is displayed at the finish it indicates "no more racing today".

11. Penalties

11.1 APPENDIX V1 and V2 will apply.

12. Time Limits and Target Times

12.1 Time limit for the first boat to pass mark 1 is 45 minutes.

12.2 Race time limit is 120 minutes.

12.3 Boats not finishing within 20 minutes of the first boat to finish in their division shall be scored by the Race Committee as TLE and given a finishing position 1 more than the number of boats that finished the race.

13. Protest and Redress

13.1 Protest time limit for all protests and requests for redress shall be 60 min after the committee boat docks.

13.2 Protesting boats shall notify the Race Committee of their intent to protest as soon as possible after finishing.

13.3 Protest forms will be available on the Notice Board.

14. Safety

14.1 Boats retiring from the race shall notify the Race Committee as soon as possible.

14.2 Boats will conform to all laws and guidelines of US, State, and local municipalities.

15. Radio Communication

15.1 RC will be communicating with the Competitors using Channel 69 on the spinnaker course and Channel 71 on the Genoa only course.

15.2 Except in an emergency boat shall neither transmit nor receive radio communications not available to all boats. This includes cell phones, and all mobile devices.



16. DECISION TO RACE

16.1 The responsibility for a competitor to participate in a race or to continue racing is hers alone. RRS 3.

16.2 By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.



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Program Schedule

Friday August 15, 2025

5:00 to 8:00 p.m. Registration and Check-in at Genesee Yacht Club

6:00 to 9:00 p.m. Wine Tasting Party and auction, Genesee Yacht Club

Saturday August 16, 2025

7:00 to 8:30 a.m. Complimentary Breakfast and Check-in at Genesee Yacht Club

8:30 to 9:00 a.m. Skipper's Meeting, Genesee Yacht Club

10:00 a.m. Scheduled First Warning, All Courses

3:00 p.m. No Warning after this time

4:00 p.m. Scheduled start of Picnic Dinner, at Genesee Yacht Club

5:30 p.m. Hospice Regatta Awards Presentation at Genesee Yacht Club



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NOTICE OF RACE

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing, and the Class rules of PHRF-LO.
- 1.2 The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing instructions, and supplementary sailing instructions that will be on the official noticeboard located at the Genesee Yacht Club.

2. ELIGIBILITY AND ENTRY

- 2.1 (a) PHRF RATINGS: All boats should have a valid PHRF-LO Certificate to compete. If a boat does not have a valid certificate upon registration, a temporary PHRF rating will be assigned at the sole discretion of the Race Committee. To receive a temporary rating a boat must register by August 16, the end of the early registration period. Boats with temporary ratings are not eligible for the overall championship.
- 2.1(b) ONE DESIGN RATINGS: One design boats (J24, Sonars, Ideal 18, Melges 15, C&C 29 and J80) racing in a one design division that are in compliance with their class rules will be assigned a PHRF rating and the winning one design boat will be the overall one design champion.
- 2.2 Based on participation, two separate courses are planned: Spinnaker and Genoa Only.
- 2.3 (a) Each fleet will be split into divisions based on PHRF ratings and qualified One Design divisions (available to classes with at least five entries).
- 2.3 (b) Based on participation, an additional one design fleet for Asymmetrical Boats may be established on the Spinnaker Course.

3. REGISTRATION AND FEES

- 3.1 Registration will be open on Friday August 15th from 5:00-8:00 PM at Genesee Yacht Club entry forms are available online on the Sunset House webpage at <https://www.sunsethouse.info/regatta>
- 3.2 Wine tasting will be at the Genesee Yacht Club from 6pm-9pm.
- 3.2 The basic entry fee for One Design and PHRF Rated boats is \$150.

4. SCHEDULE OF RACING AND SCHEDULE OF EVENTS AUGUST 16

- 4.1 Hospice Regatta Breakfast: 0700 – 0830
- 4.2 Skippers Meeting 0830 at GYC
- 4.3 First Warning 1000
- 4.4 Last Warning no later than 1500
- 4.5 There are 3 races planned for each of the Spinnaker and Genoa Only courses.
- 4.6 Social event to follow racing at RYC, and picnic tickets will be available for \$25 at registration.
- 4.7 Awards Ceremony will be at 1730.

5. SAILING INSTRUCTIONS

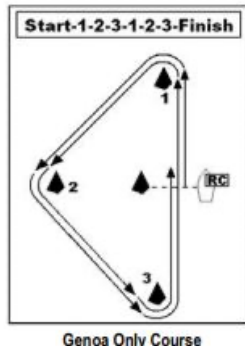
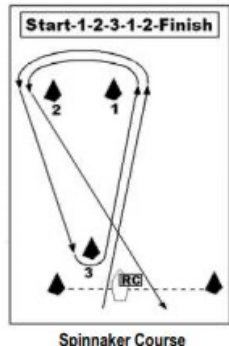
The sailing instructions will be available in the skipper's packet at registration.



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6. VENUES

- 6.1 The Spinnaker Course will be located approximately 2.5 nm due North of the mouth of the Genesee River and will consist of a windward leeward course with an offset twice around. The leeward mark will be approximately 50 yards above the starting line, with the finish between a blue flag on the RC and a nearby mark on the starboard side of the RC boat.
- 6.2 The Genoa Only Course will be located .75 nm ENE of the mouth of the Genesee River. The course will be a Triangle course twice around with an upwind finish, between a blue flag on the starboard side of the RC and a nearby mark.



7. PENALTY SYSTEM

APPENDIX V1 and V2 will apply.

8. SCORING

- 9.1 One race constitutes a series
- 9.2 PHRF-LO Time on Time corrections will be used.
- 9.3 RRS A2.1 is modified so that no score will be excluded.
- 9.4 RRS Appendix A4 (low point scoring) will apply.
- 9.5 Race ties and series ties will be broken in accordance with RRS Appendix A7 and A8.

9. BERTHING

Boats shall be kept in their assigned places while they are in the harbor. [DP]

10. HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee. [DP]

11. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta. [DP]

12. RADIO COMMUNICATION

- 12.1 the Race Committee will communicate on channel 69 for the spinnaker fleet and channel 71 for the Genoa Only fleet
- 12.2 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]



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13. PRIZES

- 13.1 Prizes shall be awarded to the top three finishers in each division of the Spinnaker, One Design, and Genoa Only Fleets.
- 13.2 Additional trophies and fun awards will be presented at the awards ceremony.
- 13.3 The Charlie Bertrand Memorial Trophy will be awarded to the overall winner of the Genoa Only Fleet (best combined corrected times in all races sailed).
- 13.4 The Hospice Regatta Trophy will be awarded to the overall winner of the Spinnaker Fleet.
- 13.5 The International 14 Great Lakes Championship Trophy will be awarded to the overall winner of the One-Design Fleet.

14. DISCLAIMER OF LIABILITY

- 14.1 The responsibility for a competitor to participate in a race or to continue racing is hers alone. RRS 3.
- 14.2 By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

15. FURTHER INFORMATION

For further information please contact: Betsy Lawless (585) 739-7248